

## Ways we can practice humility:

Mind one's own business.

Do not manage other people's affairs.

Accept contradiction and correction cheerfully.

Pass over the mistakes of others.

Give other people credit.

Admit when you're wrong.

Go last.

Ask for advice.

Praise others.

# 51st Annual Salmon Arm Roundup

## HUMILITY

MARCH 15TH & 16TH , 2019  
THE GATHERING PLACE  
350 - 30TH STREET NE



**Humility is not thinking less of  
yourself, it is thinking of  
yourself less.**

**- C. S. Lewis**

- ◆ True humility and an open mind can lead us to faith, and every A.A. meeting is an assurance that God will restore us to sanity if we rightly relate ourselves to Him.
- ◆ True humility is being able to accept criticisms as graciously as we accept compliments.
- ◆ Humility occurs 57 times in A. A. literature; 4 times in the Big Book and 53 times in the 12 X 12.



*God grant me the serenity to  
accept the things I cannot  
change; courage to change the  
things I can; and wisdom to  
know the difference.*

My Creator, I am now willing that You should have all of me, good and bad. I **pray** that You now remove from me every single defect of character which stands in the way of my usefulness to You and my fellows. Grant me strength, as I go out from here, to do Your bidding.

- Seventh Step Prayer

A.A. Big Book p. 76



Humility is an attitude. As such, it must be practiced to be maintained, and it must become a discipline to be developed, just like every other attitude. In developing humility, we are faced once again with an “active surrender”.

## SCHEDULE

### Friday:

**3:00 pm** set up

**5:00** Registration

**6:00** Welcome (Wendy)

**6:15-7:30** Young Persons Panel

**6:45-7:45** Alanon meeting (Chapel)

**8:00-9:00** AA speaker Kevin O, Kamloops

**9:00-11:00** Karaoke and Games

**9:00-10:00** Night Owl Meeting (Chapel)

### Saturday:

**8:00 am** Registration Opens

**8:00-10:00** Breakfast and Fellowship

**9:00-10:00** AA Call up Meeting (Chapel)

**10:15-11:30** LongTimers Panel

**10:00-11:00** Alanon Meeting (Chapel)

**11:30-12:30** Lunch (Concession Available)

**12:45-1:45** AA Speaker Diane O, Armstrong

**12:45-1:45** Alanon Meeting (Chapel)

**2:00-3:00** Alanon Speaker Owen H, Vancouver

**3:15-4:30** AA/Alanon Meeting (Chapel)

**Gym doors close 3:30 pm for Banquet and Band set up**

### Saturday Evening:

**5:00** Doors open for Banquet

**5:30** Supper Blessing (Richard)

**5:30-6:30** Banquet

**6:30-7:00** Countdown and Door Prizes

**7:15-8:15** AA Speaker Trish L, Vancouver

**8:30-11:00** Live Band -The Silverbacks

**9:00-10:00** Night Owl Meeting (Chapel)



Another great dividend we may expect from confiding our defects to another human being is humility - a word often misunderstood. To those who have made progress in A.A., it amounts to a clear recognition of what and who we really are, followed by a sincere attempt to become what we could be.

A.A. 12X12 p.58